



# The Knight Star

St. Mark's Star of the Sea

Council # 11374

<http://www.stmarksknights.org>

January 2024

Vol. No 01-24

District 90, Greece, NY

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Rev. Peter Enyan-Boadu

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#### Grand Knight's Message

Brother Knights and Families,

Happy New Year everyone! I hope your Christmas holidays were blessed with good health and joy. I enjoyed my break and was able to be with family and friends and sing in Mass every weekend during Advent.

I look forward to seeing as many of us as possible in our upcoming meeting Thursday 18 January at St. Mark's Church. We will begin our planning for our Lenten Fish Fry which we decided in November to continue with "Take-out" only. One idea that I would like to toss around is to possibly have one Friday with full open dining at St. Marks. One Friday out of 7-weeks may be manageable. More to follow on that idea! Looking forward to that discussion.

Stay warm and healthy!

Blessings,  
Tony Morales GK

As we approach the end of the year and our thoughts turn to the angelic declaration of "Peace on Earth" and "Goodwill to Men!" We remember Pope Francis' Prayer for Peace where he prays "Lord God of peace, hear our prayer!...Keep alive within us the flame of hope, so that with patience and perseverance we may opt for dialogue and reconciliation. In this way may peace triumph at last..." In our lives there is much going on: scurrying around buying a Christmas tree, getting it decorated; looking for that perfect gift for our spouse, our kids and maybe grandkids. There are parties and school Christmas shows. Seems like we're busier than ever. But let me ask you to slow down for just a few minutes and consider some financial issues that come up at the end of the calendar year.

1. Because we're so late in the year, you may have met your individual or family deductible on your health insurance plan. Financially this may be the opportune time for some minor procedure to be scheduled; or that visit to a specialist you may have put off. The same is true about dental insurance and sometimes even for vision coverage. Check with your Human Resource office or your health insurance carrier for details.
2. 2. When it comes to health insurance, do you have a Health Savings Account? Do you have to spend the money that's in there by year end? Some plans have a "use it or lose it" feature. Do you have to make a decision about how much to contribute next year? These are a couple of time sensitive issues. Again, make sure you check with your HR office or health insurance carrier.
3. 3. If you have earned income for the year, will you contribute to a traditional IRA, Roth IRA, or 401k? Are you eligible to contribute more based on the "catch up" provision? Now is the time to start making plans.
4. 4. Speaking of IRAs, have you received your required minimum distribution for this year? If not, the Internal Revenue Service penalty is a hefty 50% of the amount you should have received!

All of these issues come with rules and regulations, and each individual situation is different. I'd be happy to discuss them with you. As we prepare to celebrate Christmas, let us be thankful for all the graces God has showered on us, especially the gift of his Son, our Savior!

Vivat Jesus! Stephen Marone

# The Good of the Order

## Council Meeting Schedule 2022

**Rosary 6:30PM; Meeting 7:00PM**

**18 Jan. – St. Mark’s Monthly Meeting**

**15 Feb. – St. Mark’s Monthly Meeting**

**21 Mar. – St. Mark’s Monthly Meeting**

**18 Apr. – St. Mark’s Monthly Meeting**

**23 May – St. Mark’s Monthly Meeting**

## Bi-Weekly Breakfast Meetings

**Held on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays of each month at 8:30 AM.**

**Long Pond Family Restaurant**

## December Birthdays

Dan O’Connor	01 Jan
Marty Sindon	03 Jan
Quentin Cropo	11 Jan
Joseph McGonagle	13 Jan
Mike Bracci	25 Jan

**Happy Birthday Gentlemen!**

## KofC Insurance Advisor

Stephen Marone

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## KofC Investment Advisor

Fred Conway

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<b>Praying For</b>	<b>Requested by</b>
Marianne Bodamer	Al Bodamer
Larry White	Ralph DiNitto
Al Bodamer	11374
Caroline Hitchcock	Ed Ehrmentraut
Lucas Marone	Council 11374
Tim Glasow	Council 11374
Mary Ann Ehrmentraut	Ed Ehrmentraut
Ray Parsons	Mark Gardone
Peter Sahmel	11374
In Memory	
Mary Ann Nash	Dick Rizzo

## Prayer for Good of the Order

Lord, look upon our loved ones with eyes of mercy, may your healing hand rest upon them, may your life-giving powers flow into every cell of their bodies and into the depths of their souls, cleansing, purifying and restoring them to wholeness and strength for service in your Kingdom. Together, we ask this for them [according to Your will] through Christ our Lord. Amen.